

SENSORY PROCESSING and MOTOR CONTROL

QUESTION SCORING:

X	Currently applies to your child, delete or modify parts of items as required.
XX	Items which are of particular concern
P	Used to be a problem, now resolved

VESTIBULAR (MOVEMENT and BALANCE)

	COMMENTS:
Becomes overly excited after movement activity	
Thrill seeker on playground	
Avoids movement equipment on playground	
Only plays on SWINGS on playground	
Difficulty sitting still	
Seeks intense movement; spins, twirls, bounces, jumps, rocks	
Shakes head vigorously, assumes upside down position frequently	
Uncomfortable on elevators, escalators, motion sickness	
Excessive dizziness or nausea from swinging, spinning, car	
Preoccupied with movement activities	
Avoids activities which requires balance	
Poor negotiation on uneven terrain	
Loses balance easily	
As infant, tended to arch back when held or moved	
Avoid activities in which feet leaves the ground	
Fearful of simple challenges to balance	
Fear of falling when no real danger exists	
Trips easy, clumsiness	
Fear of heights, climbing	
Fearful or hesitant when climbing, descending stairs	
Dislikes being moved	
Protests head being tipped backward	
Fearful of being tossed in air or turned upside down	
Bumps head often, doesn't extend arms when pushed from behind	
Often holds head, neck, and shoulders stiffly	
Holds head upright when bending over or leaning (dislikes somersaults)	

PROPRIOCEPTIVE FUNCTIONS

	COMMENTS:
Difficulty grading movement, uses too little or too much power/force	
Insecure regarding body movement	
Poor posture / postural instability	
Slumps in chair with rounded back and head forward and extended	
Props head on hand or forearm	
Prefers/avoid crunchy or chewy foods	
Difficulty changing positions or moving slowly	
Avoids vibratory devices	
Seeks vibratory stimulation	
Craves tumbling or wrestling	
Frequently gives or requests firm or prolonged hugs	
Seeks out adults when on playground	
Walks on toes frequently	
Drags feet or poor heel-toe pattern when walking	
Wide-based stance	
Turns whole body to look at person or object	
Moves stiffly	
Head, neck, shoulder rigidity	
Plays roughly with people or objects	
Bumps into things	
Avoids participation in ordinary movement experiences	
Resists new physical challenges, saying "I can't" without attempting	
Seems weaker or tires more easily than peers	
Appears lethargic	
Seeks sedentary play	
Leans on objects, people for stability	
Weak pencil grasp, little pencil pressure	
Cannot lift heavy objects	
Moves with bursts of activity rather than sustained movement	
Achieves standing posture by pushing off floor with hands	
W-sits	
Loose joints	
Collapses onto furniture	
Avoids "heavy work" activities	
Seeks opportunities to fall, crashes into things	
Stamps or slaps feet on ground when walking	
Cracks knuckles	
Sets jaw when applying effort with extremities	

	Grinds or clenches teeth, bites or chew objects, clothing	
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TACTILE FUNCTION

		COMMENTS:
	Excessive reaction to light touch sensation	
	As infant, not calmed by cuddling/stroking	
	Difficulty standing in line or close to other people	
	Stands too close to people to the point of irritation	
	Tenses when patted affectionately	
	Negative reaction to unseen, unexpected touch	
	Clothes cover entire body, regardless of weather	
	Wears minimal clothes regardless of weather	
	Avoids certain textures of clothing, materials	
	Avoids putting hands in messy substances/getting dirty	
	Engages in self-injurious behavior	
	Likes to be wrapped tightly in sheet or blanket	
	Seeks tight spaces	
	Engages in self-stimulatory behavior	
	Frequently adjusts clothing as if uncomfortable	
	Touches everything, can't keep hands to self	
	No apparent response to being touched or bumped	
	Avoids busy unpredictable environments	
	Intent on controlling/manipulating to keep environment predictable	
	Resistive to personal grooming activities	
	Extreme reaction to tickling	
	Examines objects by placing in mouth	
	Appears over sensitive to pain	
	Avoids crunchy, chewy foods	
	Socks have to be just right, no wrinkles, twisted seams	
	Picky eater, prefers certain textures	
	Limits self to particular foods/temperatures	
	Hands seem to be unfamiliar appendages	
	Difficulty identifying which body part touched without vision	
	Untidy messy dresser	
	Shoes worn loose or untied, or on wrong feet	
	Unable to identify familiar objects via touch only	
	Poor awareness of body part relationships	
	Rubs or scratches a spot that has been touched	
	Hyper-sensitive gag reflex	
	Avoids/seeks going barefoot on textured surfaces	

AUDITORY

	COMMENTS:
Overly sensitive to loud sounds or noises	
Overreacts to unexpected or loud noises (sirens, etc.)	
Covers ears to shut out auditory input	
Hears sounds others don't hear, or before others notice	
Sensitive to certain voice pitches	
"Tunes out" or ignores sounds nearby	
Unable to pay attention when there are other sounds nearby	
Irrational fear of noisy appliances	
Can only work with stereo, TV on	
Hums, sings softly, "self-talks" through a task	
Voice volume too soft or too loud	
Seeks out toys, other objects which make sound	
Craves music, other specific sounds	
Needs visual cue to respond to verbal commands or requests	
Needs increased volume to respond	
Mispronounces words	
Doesn't respond when name is called	
Appears not to hear what is said	
Misunderstands what you say	
Doesn't seem to hear the beginning or middle of statements	
Frequently asks you to repeat what you have said	
Slow or delayed responses	
Difficulty sequencing the order of events when telling a story	
Word finding difficulty	
Not precise in word selection	
Limited use of descriptive vocabulary	
Participates little in conversations	
Enjoys strange noises, makes repetitive sounds	
Talks self through task	

OCULO-MOTOR CONTROL and VISUAL PERCEPTION

		COMMENTS:
	Poor depth perception, difficulty of hesitancy climbing or descending stairs	
	Poor awareness or space in relation to things around self	
	Skips words/lines or loses place when reading	
	Letter/number/word reversals	
	Overly sensitive to lights/sunlight	
	Difficulty tracking a moving target	
	Poor visual monitoring of hand when writing/manipulating objects	
	Poor eye contact	
	Dislikes having vision occluded or being in the dark	
	Difficulty with near/far accommodation	
	Squints, bloodshot eyes, eyes tear, raises eyebrows	
	Poor depth perception	
	Gets lost easily	
	Poor visual monitoring of environment	
	Hypervigilant or visually distracted	
	Difficulty with puzzles	
	Writing illegible/misplaced on lines or page	
	Dislikes/likes drawing	
	Difficulty finding objects in complex background	
	Overstimulated by busy visual environment	
	Keeps eyes too close to work	
	Tilts head/props head/lays head on arm with deskwork	
	Uses peripheral more than central vision	

TASTE AND SMELL

		COMMENTS:
	Highly sensitive to common odors or faint odors unnoticed by others	
	Does not seem to notice unpleasant smells	
	Will not taste food prior to smelling it and approving of its smell	
	Prefers bland food/highly seasoned foods	
	Hypersensitive to body odors (breath, soap, perfume)	
	Tends to be overly focused on the taste or smell of non-food items	

SUCK, SWALLOW, BREATHE SYNCHRONY

		COMMENTS:
	Difficulty using straw	
	Poor lip closure on eating, drinking, utensils	
	Limited skill with blow toys	
	Unable to whistle	
	Poor saliva control/drooling	
	Tongue thrust	
	Chokes easily on liquids and/or solids	
	Shallow breathing pattern	
	Holds breath when applying effort	
	Poor breath support for speech/gasps	
	“Breathy” speech	
	Speech volume barely audible	
	Puts hands on hips to increase lung capacity	
	Mouth breathing	
	Lower rib cage flared	

FINE MOTOR SKILL

		COMMENTS:
	Difficulty drawing, coloring, cutting, avoidance of these activities	
	Lines drawn are too light, wobbly, too dark, breaks pencil often	
	Lack of well established hand dominance	
	Difficulty using two hands together	
	Prefers to eat with finger, messy eater	
	Snaps, Zippers, Buttons are difficult/impossible to manage	
	Immature grasp of tools such as pencil, fork, and spoon, toothbrush	
	Enjoys manipulatives, puzzles, toys	

BILATERAL MOTOR COORDINATION & MOTOR PLANNING

		COMMENTS:
	Difficulty crossing body midline with head or extremities	
	Limited rotation of pelvis and/or shoulder girdle around central core of body	
	Poor coordination of both eyes, hands, or legs for symmetrical movements	
	Difficulty performing two different tasks at same time	
	Letter and number reversals	
	Poor reading speed and/or comprehension	
	Ambidexterity/mixed hand dominance	
	Difficulty with projected actions sequences	
	Difficulty performing a new as opposed to a habitual motor response strategy	
	Difficulty with timing and rhythm of movements	
	Disorganized approach to tasks	
	Prefers talking to doing	
	Problems in construction and/or manipulation of materials	
	Poor articulation	
	Writing deficits	
	Unable to conceive, organize, sequence movements required to complete a task	
	Insufficient body awareness	
	Inefficient/disorganized with self-help skills	
	Poor gross/fine motor control of body when attempting new activities	
	Misunderstands meaning of verbal cues when instructed to move or position body	
	Poor visuomotor coordination	
	Difficulty imitating motions or playing games such as "Simon says"	
	Fails to adapt body posture to demands of activity	
	Extraneous movement relative to demands of task	

EMOTIONAL/SOCIAL BEHAVIORS

	COMMENTS:
Intense, explosive	
Easily frustrated, anxious	
Can't sit still, hyperactive	
Clingy, whiny, cries easily	
Stubborn, inflexible, uncooperative	
Poor self-concept/low self-esteem	
Highly sensitive/can't take criticism	
Feelings of failure/frustration	
Gives up easily	
Hard to awaken	
"Up and ready to go"	
Hard to get to sleep	
Difficulty making choices	
Tantrums	
Restless/deep/light sleeper	
Fearful	
Unable to adjust to changes in routine	
Slow to, or unable to make timely transitions	
Prefers company of adults	
Prefers to play with younger children	
Easily discouraged or depressed	
Enjoy team sports	
Poor loser	
Fails to see humor in situations	
Needs more protection from life than peers	
Accident prone	
Difficulty expressing emotions verbally	
Overly serious	
Active, outgoing, enthusiastic	
Inefficient way of doing things	
Can be stubborn, uncooperative	